



**R A I N B O W**

# Parents Carers Forum

## Who are we?

A support group and voice for parents/carers who have a child with a disability or additional needs, with a separate supervised play session for disabled children, including their siblings

## When and where do we meet?

The 2nd Saturday of each month in The Jigsaw Centre, Glenbrook Primary School, Wigman Road, Bilborough, Nottingham NG8 4PD  
2.00pm – 3.55pm

## For further information please contact

Email - [RainbowParentsCarersForum@live.co.uk](mailto:RainbowParentsCarersForum@live.co.uk)

Phone - Beverley Denby on 078372 78981

Or visit our website -

[www.parentscarersforum.org.uk](http://www.parentscarersforum.org.uk)



## How does the group work?

Parents/carers meet separately from the children's group. They have opportunities to meet professionals from services that may be useful to their families, to discuss issues of importance to them and to get support from each other.

Children with disabilities/additional needs and their siblings have a well-supervised play session with craft activities, computer suite, pool & table tennis area, sensory room, trampoline, outdoor play area and toys and games.

There are no fees or subscriptions, and refreshments are free.

The group is open to families from Nottingham City and the Greater Nottingham area.

There is also a Parent Partnership Service drop in session from 3pm to 3.45pm.

## Why do we meet?

### To provide

- support for parents/carers
- play opportunities for children with disabilities/additional needs and their siblings

### and so that

- parents/carers can air their views and have those views passed on to inform and influence service planning
- children with disabilities and their siblings can make their views known about issues that concern them

## Before attending the group...

Please contact the co-ordinator to discuss your child's needs with us, so we can ensure that all children have the appropriate support.

## BOOKING IS ESSENTIAL

